



# ***Ergonomics: A Practical Approach***

## ***1 Who Should Attend . . .***

This seminar is a must for anyone concerned about health and safety on the job including:

- ▶ Managers concerned about liability and workers' compensation costs
- ▶ Employees who want to learn proper techniques for protecting their safety and health at work
- ▶ Business owners who want to learn about compliance with Michigan Occupational Safety and Health Administration (MIOSHA)

## ***2 Why You Need This Seminar . . .***

- ▶ To reduce disabling injuries and illnesses to employees - and to ensure that every worker goes home safe and healthy every day.
- ▶ To reduce the high costs of work-related injuries. Nationally, employers spent an estimated 50.8 billion on wage payments and medical care for workers hurt on the job. (*Liberty Mutual Safety Index 2005*) This is only a portion of the total costs of work-related injuries. Indirect costs such as overtime, training and lost productivity can also burden employers.
- ▶ To enhance your company's bottom line. A strong safety and health commitment not only protects workers, it also reduces workers compensation costs, improves employee morale, and increases production and quality.

## ***3 What You'll Learn . . .***

This program focuses on various Internet ergonomics resources. State and federal government web sites are explored including the availability of e-tools on the OSHA web page as well as OSHA ergonomic emphasis programs. The OSHA four-point approach, which includes guidelines, enforcement, compliance assistance and research, will be discussed. An overview of the NIOSH elements of an ergonomic program completes the presentation.

### **Agenda**

*We offer a flexible  
program agenda  
to emphasize  
the health and  
safety topics  
you want  
most.*

- ▶ Introduction to Ergonomics
- ▶ Industrial Application of Risk Factors
- ▶ Working and Understanding the NIOSH Ergonomics Primer

All meetings are accessible and barrier free. Please contact the cosponsor or CET Division, at least two weeks in advance, to request necessary accommodations.

# Facilitator

Bob Carrier was appointed to the MIOSHA Consultation Education and Training Division in 1989 as a consultant specializing in general industry standards in the mid-Michigan area. Bob brings with him his previous experience as the Safety Administrator at Allied Signal Aerospace Company. His experience includes safety program development, safety training and workers' compensation administration. Bob recently chaired the Division Plastics Committee where updated training was developed for the industry.

A graduate of Ferris State University with a B.A. degree in Occupational Safety and Health, and a member of the American Society of Safety Engineers, Bob offers a diversified background in safety training and consultation services.



**Robert Carrier**  
*Occupational Safety Consultant,  
MIOSHA, CET Division*

## Program Details

DATE: April 12, 2007

LOCATION: Delta College  
Main Campus  
1961 Delta Road, Room N-007  
University Center, Michigan 48710

COST: \$60 per person.  
Includes lunch and course materials.

TIME: Check-in - 8:30 a.m.  
Program - 9:00 a.m. to 3:00 p.m.

DEADLINE: Register by April 5, 2007  
Please register early!

CONTACT: Mike Rickey 989-758-3635  
mrickey@corpserv.delta.edu

**COSPONSOR: Delta College**

If this valuable seminar doesn't fit with your schedule or position, please pass this flyer on to a colleague.

## How to Register

Ergonomics: A Practical Approach

Complete information at right to register by:

► **Phone:** 989-758-3635  
► **Fax:** 989-758-3639  
► **Web:** [www.delta.edu/wdc](http://www.delta.edu/wdc)  
► **Mail:** Delta College  
1961 Delta Road  
University Center, MI 48710  
Attn: Mike Rickey

Name: \_\_\_\_\_  
Company Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Fax: \_\_\_\_\_  
Email: \_\_\_\_\_  
Number Attending: \_\_\_\_\_ @ \$60 each = \$ \_\_\_\_\_

The Department of Labor & Economic Growth will not discriminate against any individual or group because of race, sex, religion, age, national origin, color, marital status, disability, or political beliefs. If you need assistance with reading, writing, hearing, etc., under the Americans with Disabilities Act, you may make your need known to this agency at least two weeks in advance.

[www.michigan.gov/dleg](http://www.michigan.gov/dleg)